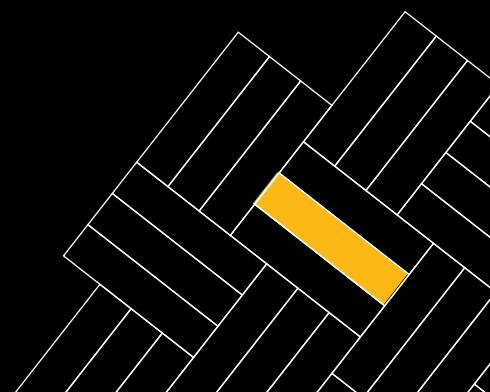




BISTRO

*«La Bonne Cuisine est la base du veritable Bonheur»
«Good Food is the foundation of genuine happiness»
-Auguste Escoffier-*



DRINKS

Mocktail

Morning Star

Orange Juice, Grapefruit Juice, Honey Pollen Star Anise Syrup, Mineral Water

33

Nice Pear

Pear Juice, Lemon Marmalade, Lemon Juice, Rosemary Honey Syrup

33

TroonFIT

Pineapple Lemonade

Pineapple Juice, Lemon Juice, Basil, Fennel Pollen Honey Syrup

33

Volcano

Blackberry, Lemon Juice, Orange Juice, Cinnamon Syrup, Soda

33

Spiced Mojito

Lime, Mint Leaf, Rose Essence, Homemade Spiced Syrup, Soda

33

TroonFIT

Bliss

Green Apple, Carrot, Lemon, Ginger

33

TroonFIT

The Green

Pineapple, Green Apple, Kale Leaf, Yellow Pepper, Lime

35

Sesame Street

Hazelnut Milk, Dates, Tahini Sauce, Sesame Seeds, Sea Salt

35



Chocolate



Dairy
Products



Eggs



Mushrooms



Nuts



Seafood



Vegetarian



Gluten
Free

TroonFIT

Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included



Non-Alcoholic Wine

Lussory Premium Rose, Spain 210

A delicious dry rose wine with notes of mixed berries. Rich bouquet which suits great with appetizers and pasta dishes.

Lussory Premium White Chardonnay, Spain 210

A harmonious and tasteful character with notes of herbs and flowers. Dry in texture and delicious to combine with fish dishes.

Lussory Premium Red Tempranillo, Spain 210

Tempranillo red wine comes from La Mancha vineyards. Chestnut brown color with an aroma of red fruits. Enjoyable combined with meat dishes.

Non-Alcoholic Beer

Holsten Classic 26

Moussy Classic 26

Homemade Juice

Orange 25

Pineapple 25

Watermelon 25

Water 250ml 750ml

Still Local 8 14

Still Imported 14 26

Sparkling 14 26

Soft Drink

Coca-Cola 20

Coca-Cola Light 20

Sprite 20

Fanta 20

Energy Drink

Redbull 37



Chocolate



Dairy Products



Eggs



Mushrooms



Nuts



Seafood



Vegetarian



Gluten Free



Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included

Coffee and Tea

Tea

The Capsule - English Breakfast	24
<i>A sharp and spicy flavor prepared from a unique blend of world-famous teas.</i>	
The Capsule - Earl Grey	26
<i>Strong and aromatic Black tea with added bergamot for a rich fruity flavor.</i>	
The Capsule - Mint Green	24
<i>The finest green tea leaves mixed with mint to add powerful yet refreshing flavor.</i>	
The Capsule - Mint Green Leaf	26
<i>The finest green tea leaves mixed with mint to add powerful yet refreshing flavor.</i>	
The Capsule - Pepper Mint Jasmine	24
<i>Naturally sweet taste of green tea perfectly harmonized with a scent of jasmine and lemon flavor.</i>	
The Capsule - Chamomile Herbal	24
<i>A Herbal tea that helps relax your senses.</i>	
The Capsule - Berries Herbal	24
<i>A fruity and refreshing tea. It is an attractive mixture of hibiscus, musk flowers, cranberries, prickly berries and strawberries</i>	
The Capsule - Honey & Lemon Rooibos	24
<i>Light and aromatic blend of ribos, lemon peel, sunflower petals, natural lemon and honey.</i>	
The Capsule - Green Sencha	24
<i>A rich blend of vitamins and menerals, along with a delicious sweet taste.</i>	
The capsule – White Tea Pai Mu Than	29
<i>Fresh fruity smell for a delicious combination of white tea with peony, which contains less caffeine And high doses of antioxidants.</i>	

Coffee

Espresso	21
Americano	21
Double Espresso	26
Cappuccino	28
Latte Macchiato	28
Latte Caramel	28
Café Mocha	28
Hot Chocolate	24
Iced Coffee	26
Ginger Coffee Shakerato	28
<i>Orange Marmalade, Ginger Syrup Double Shot Espresso, Ice</i>	



All prices are listed in Saudi Arabian Riyals, VAT included

BREAKFAST

Until 11 am

	Country Breakfast <i>Eggs Style of Your Choice, Bacon, Chicken Sausage, Hash Brown, Grilled Tomato Honey, Jam, Sliced Bread</i>	69
	Arabic Breakfast <i>Fried Eggs, Falafel, Foul Medames, Hummus, Labneh, Grilled Tomato, Arabic Bread</i>	56
	Eggs Benedict <i>Poached Eggs, Turkey Ham, Baby Spinach, Hollandaise Sauce, English Muffin</i>	58
	Smoked Salmon Royale <i>Home-Smoked, Boiled Egg, Cream Cheese, Arugula, Caper, Red Onion, Fresh Dill</i>	65
	Organic Oat Porridge <i>Whole Milk, Fresh Berries, Cinnamon, Brown Sugar, Almond Flakes</i>	34
	Golden Waffle <i>Fresh Berries, Cinnamon Powder, Whipped Cream, Maple Syrup</i>	40
 TroonFIT	Fruit Salad <i>Seasonal Fruits, Honey, Toasted Almond</i>	38
	Daily Selection of Chef's Bakery	6

KIDS MENU

	Penne Pasta <i>White Sauce</i> <i>Tomato Sauce</i>	33 33
	Chicken Bites <i>Fried Fillet, French Fries</i>	35
	Mini Burger <i>Beef Patty, Cheddar Cheese, Lettuce, Tomato, French Fries</i>	37


Chocolate


Dairy
Products


Eggs


Mushrooms


Nuts


Seafood


Vegetarian


Gluten
Free

TroonFIT
Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included

LUNCH & DINNER

Soup



Tom Yum

57

Hot and Sour Asian Spiced Flavor, Shrimp, Calamari, Octopus, Lemongrass, Lime Leaf



Roasted Tomato

49

Garlic Crouton



Lentil

46

Cumin Flavored, Roast Garlic Chips, Zaatar Crouton

Salads



Caesar's Salad

66

Romaine Lettuce, Focaccia Crouton, Parmesan Cheese, Caesar's Dressing

Add Grilled Chicken Fillet

73

Add Grilled Shrimp

84



Quinoa & Kale Salad

65

Quinoa, Kale, Lettuce, Chickpea, Cherry Tomato, Cucumber, Radish

Pomegranate, Pickled Shallot, Lemon Sumac Olive Oil Dressing



Thai Beef Salad

80

Shredded Beef, Cucumber, Cherry Tomato, Onion, Coriander, Lettuce

Peanuts, Spicy Sesame Dressing



Chocolate



Dairy
Products



Eggs



Mushrooms



Nuts



Seafood



Vegetarian



Gluten
Free



Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included

Starters

	Crispy Tempura Prawns <i>Mango Salsa, Watermelon, Radish, Wasabi Mayonnaise</i>	79
	Fried Calamari <i>Marinara Sauce</i>	65
	Chicken Wings <i>Buffalo Style, Blue Cheese Dip</i>	58
	Arabic Mezze <i>Tabbouleh, Moutabel, Hummus, Kibbeh, Cheese Sambousek Spinach Fatayer, Arabic Bread</i>	64

Sandwiches & Burgers

	Philly Cheesesteak Sandwich <i>Beef Sirloin, Cheddar Cheese, Onion, Hoagie Roll, Steak Fries</i>	89
	Club Sandwich <i>Grilled Chicken Fillet, Fried Egg, Beef Bacon, Emmenthal Cheese, Lettuce, Tomato, White Bread, French Fries</i>	75
	Chicken Panini Sandwich <i>Grilled Chicken, Emmenthal Cheese, Avocado, Tomato, Lettuce, Mustard Mayonnaise, Onion Bread, French Fries</i>	73
 TroonFIT	Halloumi Wrap <i>Labneh Spread, Grilled Halloumi, Roasted Bell Pepper, Arugula, Sun-Dried Tomato Tortilla Bread, French Fries</i>	63
	Angus Beef Burger <i>Beef Patty, Scamorza Cheese, Beef Bacon, Lettuce, Tomato, Gherkin, Steak Fries</i>	89


Chocolate


Dairy
Products


Eggs


Mushrooms


Nuts


Seafood


Vegetarian


Gluten
Free

TroonFIT
Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included

MAIN COURSE

Make Your Own Pasta

Penne/Spaghetti

White Sauce 69

Marinara Sauce 69

Wild Mushroom Risotto 82

Arborio Rice, Wild Mushroom, Parmesan Cheese

Add Chicken 89

Add Shrimp 92

Thai Red Curry Chicken 81

Fish & Chips 105

Batter-Fried Nile Perch, Tartar Sauce, Steak Fries

Salmon Fillet 127

Home-Smoked, Green Asparagus, Leek Mash Potato, Pomegranate Salsa

Chicken Vol Au Vent 94

Grilled, Roasted Vegetables, Mash Potato, Lemon Herb, Gravy

Lamb Chops 145

Grilled Sautéed Vegetables, Mash Potato, Mint Sauce

Black Angus Rib Eye Steak 260gms 170

Angus Beef Tenderloin 200gms 159

Sautéed Vegetables, Steak Fries, Peppercorn Sauce

Side Dishes 37

Penne Pasta

White Rice

Mash Potato

Steamed Vegetables

French Fries

Creamy Mushrooms

Steak Fries

Green Salad



Chocolate



Dairy Products



Eggs



Mushrooms



Nuts



Seafood



Vegetarian



Gluten Free



Troon Fit

All prices are listed in Saudi Arabian Riyals, VAT included

DESSERTS



Fruit Salad

Seasonal Fruits, Honey, Toasted Almond

38



Apple Crumble Tart

Baked Apple Filling, Crunchy Almond Crumble, Vanilla Ice Cream

35



Tiramisu

Mascarpone Cheese, Lady Finger, Espresso Coffee Syrup

40



Chocolate Lava Cake

Molten Chocolate, Fudge, Vanilla Ice Cream

45



Key Lime Pie

Lime Filling, Crushed Biscuit Shell, Whipped Cream

40



Scoop of Ice Cream

Vanilla/Chocolate

12



Chocolate



Dairy
Products



Eggs



Mushrooms



Nuts



Seafood



Vegetarian



Gluten
Free

TronFIT

Tron Fit

All prices are listed in Saudi Arabian Riyals, VAT included

